



presents:

The Basics of Trauma Informed Care
Presented by Cathy Hoog, LMHC, LMFT
Virtual Training

Date: November 16, 2023
Time: 9am-12pm
Fee: Free (yes, that is correct!)

This training will be via Zoom. Because the training is free, YOU DO NOT NEED TO PREREGISTER. To access the training, use the Zoom link at the bottom of this notice or the link in your email.

There are few absolutes in our world, but trauma is unfortunately one aspect of human society that is present in almost every age, race, ability and socioeconomic group.

What is trauma informed care? A trauma informed approach is based on an understanding of the experience and implications of trauma for individuals, families and communities. This workshop will review principles of a trauma informed approach and how it can impact those we serve. This workshop is applicable for Resident Service Coordinators, Managers or anyone that works with people.

The Trainer: Cathy Hoog, LMHC, LMFT

Cathy Hoog is currently the Executive Director for the Salem and Marblehead Housing Authorities. Cathy has worked in leadership roles in the industry of Public Housing since 1997 where she got her start as a Resident Services Coordinator. As a practicing Mental Health Clinician, Cathy also has over 20 years of social service and mental health experience working with a myriad of populations, diverse cultures and age groups in a variety of community, public and private mental health settings. Cathy is passionate about creating service rich opportunities for residents and voucher holders in public housing as well as training and education for staff to excel in our industry.

ZOOM LINK TO ACCESS THE TRAINING:

<https://us02web.zoom.us/j/89410072717?pwd=a0FNQkNwd0J4SnB3azZ0NmVackk2dz09>

Meeting ID: 894 1007 2717

Passcode: 787254

Dial: 1 646 876 9923